




November 2025| MENU
Pre-K
Wake County Public School
System
Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>03 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ Blueberries <u>Lunch</u> Tangerine Chicken with Brown Rice Garlic Flatbread Green Beans ✓ Applesauce Cup</p>	<p>04 District Workday</p> 	<p>05 <u>Breakfast</u> Morning Tot Bowl ✓ Applesauce Cup <u>Lunch</u> WG Pizza Sticks ✓ Marinara ✓ Mixed Vegetables ✓ 100% Fruit Blend Juice</p>	<p>06 <u>Breakfast</u> Sausage Biscuit Pineapple Tidbits <u>Lunch</u> Creamy Tomato Alfredo ✓ Dinner Roll Buttered Broccoli ✓ Fresh Apple Slices</p>	<p>07 <u>Breakfast</u> WG Cereal ✓ 100% Apple Juice <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Fresh Tossed Salad ✓ Roasted Baby Carrots ✓ Fresh Oranges</p>
<p>10 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ Applesauce Cup <u>Lunch</u> WG Chicken & Vegetable Dumplings Buttered Carrot Coins ✓ Savory Green Beans ✓ Diced Pears</p>	<p>11 Veteran's Day</p> 	<p>12 <u>Breakfast</u> Blueberry Overnight Oats Cup ✓ Diced Peaches <u>Lunch</u> Grab & Go Box Crinkle Cut Fries ✓ 100% Fruit Blend Juice</p>	<p>13 <u>Breakfast</u> Country Breakfast Skillet Mandarin Oranges <u>Lunch</u> Oven Roasted Chicken Bites w/ Brown Rice WG Dinner Roll Creamed Spinach ✓ Fresh Pears</p>	<p>14 <u>Breakfast</u> WG Cereal ✓ Pineapple Tidbits <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Cheez-It Caesar Salad ✓ Seasoned Green Beans ✓ Fresh Apple Slices</p>
<p>17 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Chicken Ramen Noodles WG Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Mandarin Oranges</p>	<p>18 <u>Breakfast</u> Sunrise Pizza Applesauce Cup <u>Lunch</u> WG Beef & Cheddar Chalupa Pinto Beans ✓ Salsa ✓ Pineapple Tidbits</p>	<p>19 <u>Breakfast</u> French Toast ✓ Mixed Berry Cup <u>Lunch</u> Hamburger/Cheeseburger on WG Bun Crinkle Cut Fries ✓ Baked Beans ✓ 100% Fruit Blend Juice</p>	<p>20 <u>Breakfast</u> Southern Chicken Biscuit Blueberries <u>Lunch</u> Spaghetti with Meat Sauce WG Garlic Breadstick Oven Roasted Broccoli ✓ Marinated Tomato Salad ✓ Applesauce Cup</p>	<p>21 <u>Breakfast</u> WG Cereal ✓ Pineapple Tidbits <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Spinach Salad ✓ Sweet Potato Tots ✓ Fresh Bananas</p>
<p>24 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ Blueberries <u>Lunch</u> Tangerine Chicken with Brown Rice Garlic Flatbread Green Beans ✓ Applesauce Cup</p>	<p>25 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Beef & Cheese WG Soft Tacos Black Beans ✓ Salsa ✓ Applesauce Cup</p>	<p>26 Annual Day</p>	<p>27 Thanksgiving</p> 	<p>28 Holiday</p>

2025 Pre-K Meal Prices:

Full Price Breakfast: \$2.00
Reduced Price Breakfast: Free, while funding is available
Full Price Lunch: \$3.75
Reduced Price Lunch: \$.40
Adults: A la Carte Pricing

CEP School meals are free for all

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

✓ Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches available upon request

Menu selection is subject to change at any time.